

Guidelines for Winter Outdoor Play





Green Zone 30°F or Higher

- Layer clothing
- Drink water often
- Watch for signs of getting chilled
- Feel babies' hands and feet
 - Take breaks

Yellow Zone 20°F to 30°F

- Be Cautious
- -Follow guidelines of the green zone
 - Easier to become chilled
 - Layer clothing under coats

Red Zone 20°F and below

- Stay Indoors!