

TIP SHEET

Healthy Boundaries



Never Leave Children Alone

- Ensure that children are always supervised by a minimum of 2 PALs.

Redirection vs. Discipline

- Focus on redirection rather than discipline when guiding children's behavior. Use positive language to guide children toward appropriate actions instead of using punishment.
- Example: If a child is acting out, acknowledge their feeling, communicate the limit and target a safe alternative choice.

Encourage Safe Boundaries and Personal Space

- Promote respect for personal space. All children over the age of 2 should sit next to or in front of you. Children under the age of 2 can sit in your lap if needed.
- Example: Encourage a high-five or a fist pump as a greeting instead of physical contact like hugs. Tap the floor in front or next to you to gesture where you would like them to sit.

No Toileting/Diapering

- No toileting or diapering assistance allowed. These activities should be handled by the child's caregiver or designated shelter staff.

No First Aid Treatment

- If a child sustains an injury, alert shelter staff immediately for proper first aid care. Do not attempt to administer first aid yourself.
- It is important to follow protocols and ensure that injuries are handled appropriately, and incident reports are completed.

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Do Not Enter Families' Rooms or Knock on Doors

- Respect the privacy of families in the shelter. Do not enter their rooms or knock on doors to call children to Playspace.
- Refrain from walking around the shelter and entering common areas. Go directly to Playspace when you arrive for your shift.

Do not bring in gifts or donations for the children.

- Please do not bring in gifts for individual children as we do not want single out any one child. If you wish to do a supply or gift drive, check in with shelter staff to see what is need.

***Thank you for helping us keep
Playspace safe for all!***